

TRUMPERS



JUMPERS

MUSIC AND MOVEMENT

including song, exercise and dance
(suitable for babies too:)

IN THE COMMUNITY HALL, SECOND FLOOR

15 CHANDLER STREET, WAPPING E1W 2QL

MONDAYS 9.45-10.45am and 11am-12noon

January 8TH, 15TH, 22ND, 29TH

February 5TH, 19TH, 26TH

March 5TH, 12TH, 19TH, 26TH

THURSDAYS FROM 10.00AM TO 11.00AM

January 11TH, 18TH, 25TH

February 1ST, 8TH, 22ND

March 1ST, 8TH, 15TH, 22ND

A fun exploration of exercise through movement, music, dance and drama for parents and carers with children under 5 years.

A cultural mix of familiar songs, stimulating activities and energetic exercise takes everybody on a journey that will encourage the development of their imaginative processes.

An exciting opportunity for children and parents/carers to strengthen their bond, build their confidence and socialise with others.

For further information call Christine on 07891138950 or Vaida on 07462164993

www.community-solutions.org
trumpersjumpers@gmail.com

Please secure your place by paying for the term in advance
Mondays - £82.50 and Thursdays - £75

Space is limited so please secure your place as soon as possible.
You can join a class at any time in the term if there is a place available.



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